

Readers Corner: Discussion Guide

The PLD team selects short articles, podcasts, YouTube links, blog posts to highlight every two weeks. We will also include a strategy you might use to process the piece with your group in this document.

Article:

Resources: How To Manage Your Time

Look at which Quadrant you spend most of your time in.

Discussion Tips:

- Is your current time management system easing your stress?
- Second tip

Prompt Questions:

Need a time management workshop... contact us at the BCPVPA.